

REGULATIONS

Cross-Country Skiing Festival - 47th Bieg Piastów Szklarska Poręba - Jakuszyce, 4-6 March 2023

I. PURPOSE OF THE COMPETITION:

- Popularization of cross-country skiing in Poland and worldwide
- Promoting a healthy lifestyle and active leisure
- Promoting the Jizera Mountains Region
- Supporting resumption of physical activity discontinued due to current restrictions
- Integrating the Bieg Piastów community

II. ORGANIZER:

"Bieg Piastów" Association
Jakuszyce 8, 58-580 Szklarska Poręba
Tel. (+48) 75 717 33 38, NIP: 611-01-55-623
e-mail: zawodnicy@bieg-piastow.pl, biuro@bieg-piastow.pl

III. DATE AND PLACE:

Place: Polana Jakuszycka - Dolnośląskie Centrum Sportu, Jakuszyce 8, 58-580 Szklarska Poręba, Poland.
Time: 3-5 March 2023

IV. PARTICIPATION

1. The participants of the competition may be persons who on the day of the start will be at least:

- 7 years old at the distance of 6 km
- 12 years old at the distances of 30, 25 km
- 18 years old at the distance of 50 km

At the request of a parent/legal guardian, the Organizer has the right to agree to a deviation from the rules, for a younger competitor to take part. Each application is considered individually.

2. Persons who have not reached the age of majority on the day of the start are required to have a permission to participate signed by a parent or legal guardian and showing their identity card number. A model of the consent is attached as **Appendix 1**.

In order to be allowed to take part in the competition, a parent or legal guardian must be present at the competition office with their identity card.

3. Participation in the competition means acceptance of the Regulations and consent to processing of personal data, using the image of the competitor by the Bieg Piastów Association in publications, during television, radio and Internet broadcasts and in other media. It is advisable to take out personal accident insurance at your own expense.

4. Each competitor is obliged to get acquainted with the rules of the competition and is obliged to obey them.

5. A participant is a person who completes the entire route on their own. **Children in pushchairs** will not be classified.

V. ENTRIES

1 Entries for the 47th Bieg Piastów - Cross-Country Skiing Festival are accepted only in an electronic form via the entry form available at www.bieg-piastow.pl from 10.10.2022 until the limit of entries is reached (paid persons).

- 2 The participant has 5 days to pay the entry fee after registering via the web form, otherwise they will be automatically removed from the entry list. If the limit of paid persons is reached within this time, the entry will be invalid.
- 3 An entry is considered valid when it is paid for via the Datasport electronic payment system in the online entry panel.
- 4 **The entry of a competitor will be visible on the start list only after the entry fee has been booked.**
- 5 The Organizer shall not be responsible for incomplete or incorrectly completed entries.
- 6 A competitor has the option of hiding their data on the start list by selecting the "anonymous" option when completing the entry form, in which case the competitor will not be visible on the start list in the Datasport portal and in the results.
- 7 Transferring your bib number without prior notification at the competition office is equivalent to disqualification.
- Telephone entries will not be accepted.**

8 **Time limit and entry limit:**

DATE	DISTANCE	START TIME	ABSOLUTE TIME LIMIT	TOTAL NUMBER OF ENTRIES
03.03.2023	6 km CT	9:00 a.m.	finish - 2 h	900
	30 km FT - Worldloppet	12:00 p.m.	finish - 4 h	600
04.03.2023	50 km CT - Worldloppet	9:00 a.m.	approx. 30 km - 5 h finish - 8 h	2000
05.03.2023	25 km CT - Worldloppet (8th Memorial of Wanda and Jerzy Lechowicz)	10:00 a.m.	finish - 5 h	2100

Those who do not fit into the time limits will not be classified. They are obliged to complete the run. These persons, as well as those discontinuing the competition, remain on the course at their own responsibility and risk. In the cases referred to in the previous sentence, the Organizer shall not be liable for such Participants, in particular for bodily injury or damage to health. A competitor who discontinues the run is obliged to inform the Organizer, a medic or a volunteer on the route.

The Organizer reserves the right to change the entry limit or close the entry list early.

VI. ENTRY FEE

1. The amount of the entry fee is determined by the date of payment, not the date of registration.

DISTANCE	from 10.10.2022 to 31.10.2022	from 01.11.2022 to 30.11.2022	from 01.12.2022 to 15.01.2023	from 16.01.2023
30 km FT	PLN 130.00	PLN 150.00	PLN 200.00	PLN 250.00
6 km CT	PLN 80.00	PLN 100.00	PLN 120.00	PLN 150.00
50 km CT	PLN 150.00	PLN 170.00	PLN 220.00	PLN 300.00
25 km CT	PLN 130.00	PLN 150.00	PLN 200.00	PLN 250.00

2. Entry fees for participants taking part in 2 or 3 Worldloppet races:

DISTANCE	from 10.10.2022 to 31.10.2022	from 01.11.2022 to 30.11.2022	from 01.12.2022 to 15.01.2023	from 16.01.2023
30 km FT and 50 km CT	PLN 250.00	PLN 290.00	PLN 400.00	PLN 500.00

25 km CT and 50 km CT	PLN 250.00	PLN 290.00	PLN 400.00	PLN 500.00
30 km FT and 25 km CT	PLN 220.00	PLN 270.00	PLN 350.00	PLN 450.00
30 km FT, 50 km CT, 25 km CT	PLN 350.00	PLN 400.00	PLN 580.00	PLN 700.00

3. The Entry Fee is a fee for participation in the competition, not a fee for the Starter Pack. The Entry Fee is intended to cover organizational costs such as:

- bib number,
- commemorative medal,
- personal accident insurance,
- regeneration meal at the finish,
- nutrition points on the 25,30 and 50 km route,
- free bus on the day of the competition on the route: Szklarska Poręba - Jakuszyce - Szklarska Poręba,
- professional medical service,
- starter pack (varies according to the distance),
- free use of cloakroom and depository before and after the event,
- electronic time measurement,
- preparation, accurate marking and securing of the route by the Organizers and volunteers,
- electronic diploma available for download at www.datasport.pl.

IMPORTANT:

A) The competitors who took places from 1st to 6th (the first six men and women in the open category) in the Worldloppet distances in the 46th Bieg Piastów are exempt from the entry fee for the same distance.

B) For those born in 1958 and before (65 years of age) the first entry fee will apply throughout the registration period.

C) **Changes to the distance and transfer of your entry** to another runner can be made until **12.02.2023** after prior:

- e-mail notification (zawodnicy@bieg-piastow.pl),
- payment of a change fee of PLN 20.00,
- paying the difference in the entry fee in accordance with the valid price list (excess entry fees will not be refunded).

* in case of transfer of the entry to another participant, the information concerning the Certificate must be provided again.

D) A change is possible only if the newly selected distance has not reached the limit of paid participants.

E) In the event of a change of distance, the competitor will receive a starter pack appropriate to the distance they have signed up for.

F) VAT invoice:

In order to receive an invoice, the participant is required to provide invoicing details **when making the payment**. A participant who chooses not to be invoiced when making payment will no longer have the option of receiving an invoice. (Act of 4 July 2019, amending the Value Added Tax Act and certain other acts).

Attention!

In the event of cancellation of participation, the entry fee is non-refundable and is not transferred to the following year. Entry fees made with errors - without sufficient data to identify the competitor or in incomplete amount will not be accepted and will not be refunded.

VII.ASSIGNMENT OF STARTING SECTORS

1. Starting sectors will be assigned on the basis of:

- results from the last three years in Worldloppet competitions,
- results from other cross-country skiing events over a similar distance.

2. A competitor who changes his/her distance **by 12.02.2023** will be re-examined when assigning sectors.

3. **The unofficial start list including sector numbers, will be published on 13.02.2023**, from which point the **three-day complaint period** applies, after which no complaints will be taken into account.

4. At the end of the complaint period, **the official start list** with assigned starting sectors will be announced.

5. **ATTENTION!** No bib numbers will be given on the official start list.

6. Bib numbers will be assigned directly at the number issue office, according to the assignment to the starting sector (does not apply to the ELITA sector).

7. **Participants have the opportunity to sign up after the official start list has been announced but only for the last starting sector.**

8. IMPORTANT!

The following groups of players will be assigned to the **ELITA** sector:

- competitors with an active FIS code,
- competitors entered by PZN for the Polish Championships in long-distance running.
- the best competitors of the 46th edition of the competition at a given distance (50 km CT and 25 km CT), The remaining competitors will be assigned to sectors 1 to 8 according to verification.

VIII. ISSUE OF BIB NUMBERS

1. Place: **Dolnośląskie Centrum Sportu Polana Jakuszycka (Lower Silesian Sport Center Jakuszycka Glade).**

2. Timetable for the number issue office:

24.02.2023 Friday	12:00 a.m. – 08:00 p.m.
25.02.2023 Saturday	08:00 a.m. – 06:00 p.m.
26.02.2023 Sunday	08:00 a.m. – 06:00 p.m.
27.02.2023 Monday	03:00 p.m. – 05:45 p.m.
28.02-1.03.2023 Tuesday and Wednesday	10:00 a.m – 03:00 p.m.
02.03.2023 Thursday	09:00 a.m. – 09:00 p.m.
03.03.2023 Friday	06:00 a.m. – 09:00 p.m.
04.03.2023 Saturday	06:00 a.m. – 06:00 p.m.
05.03.2023 Sunday	07:00 a.m. – 09:45 a.m.

3. The condition for issuing a bib number is:

A) appearance of the competitor in person

B) submitting in the competition office a confirmation of your entry in the form of a "ticket" which will be sent to the indicated e-mail address. The participant has the option to generate a ticket from their entry in the Datasport portal.

C) If you do not have a "ticket", you can collect your bib number on the basis of an identity document.

D) If you collect the bib number for another person, you must

- present the "ticket" of the person for whom you are collecting the pack, or a letter of attorney (Annex 2)

4. If you do not have a "ticket", you can collect your bib number on the basis of an identity document.

The starter pack and number must be collected no later than 15 minutes before the start of a given distance. Packets not collected by this date remain at the Organizer's disposal.

IX. START AND TIME MEASUREMENTS

- Wave starts will take place at intervals.
- Competitors line up in sectors according to their assigned bib numbers.
- Each participant must pass the control at the entrance to the starting sector, (in an exceptional situation, a competitor may start from a sector further away than the one they have been assigned a bib number with the prior consent of the referee).
- Skipping the control or starting from a lower sector will result in disqualification.
- The entrance to sectors 1 and 2 will close 10 minutes before the scheduled starting time.
- Disabled athletes with a valid disability certificate start 10 minutes before the first sector and have their net time counted. A participant with a disability may also start from an assigned sector based on their results, but must indicate this option on the entry form.
- Starting with a false bib number (chip) will result in disqualification.
- Time will be measured using non-returnable chips in the bib number. Time will be calculated **net, except in the ELITA sector.**

X. CONDUCT ON THE COMPETITION COURSE

1. The competition is conducted in accordance with the International Ski Regulations (IRC) and guidelines from the

Skiing Sports Regulations (PZN).

2. Competitors are required to:
 - Run from the start to the finish along the designated route and pass through all the checkpoints.
 - Do not impede or disturb other competitors.
 - Do not impede overtaking by faster competitors. Weaker competitors should occupy the right side of the course, faster competitors the left side.
 - Run in a style appropriate to the competition.
 - At the start of the 30km FT, classic style is mandatory over a distance of **approximately 50m**.
 - A change of style on the course during the run will result in disqualification.
 - Changing skis during the competition will result in disqualification, except if the ski is damaged.

- Staying on the competition route without a valid bib number is not allowed. Persons without a valid bib number will be removed from the route by the technical staff of the competition.
- A participant who deviates from the route is obliged to inform the competition Organizer or the appropriate technical services (medical assistance, volunteers, referees, timing office).

XI. CLOAKROOM AND DEPOSITORY

1. Each competitor can use a free cloakroom and depository.
2. Only bags signed with the bib number will be accepted for deposit (bags are issued together with the starter pack).
3. Collection of the left deposit only on presentation of the bib number.
4. It is forbidden to leave bags at the start.
5. The Organizer is not responsible for items left in the depository.

XII. PROTESTS

Protests must be submitted to the competition office together with all evidence in writing in Polish or English. The written protest must be accompanied by a deposit of PLN 500. If the protest is upheld, the deposit shall be returned. If the protest is rejected, the deposit shall be transferred to the Organizer. The time to lodge a protest is 15 minutes from the time the unofficial results are posted on the notice board near the competition office and the finish area.

XIII. AWARDS AND PRIZES

The following awards will be carried out during the competition:

I. At a distance of 30 km FT, 50 km CT and 25 km CT:

1. General women's and men's OPEN places 1st-6th: **sports trophies + material prizes**
2. Best male and best female competitor from Poland: **sports trophies**
3. Oldest and youngest male competitor: **sports trophies**
4. Oldest and youngest female competitor: **sports trophies**
5. **In addition, at the distance of 50 km CT:**
 - general women and men OPEN 1st-3rd: **financial prizes**
 - in the age categories of women and men, places 1st-3rd: **sports trophies**
 - F and M 18 (2003 and younger),
 - F and M 20 (2002 - 1993),
 - F and M 30 (1992 - 1983),
 - F and M 40 (1982 - 1973),
 - F and M 50 (1972 - 1963),
 - F and M 60 (1962 - 1953),
 - F and M 70 (1952 - 1943),
 - F and M 80 (1942 and older),
6. Sectoral (according to separate regulations)

The winners of prizes in the OPEN category at the distance of 50 km CT will be decorated in age categories.

- All financial prizes will be paid in PLN.
- The financial prizes will be paid to the designated personal bank account no later than 30 days after the information necessary for the transfer is correctly filled in. (Financial prizes will not be paid in cash)
- **Financial prizes will be paid after deduction of a 10% flat tax.**
- In the event of an ex-aequo place, the two prizes will be added together, then divided and each competitor will receive 50% of the prize value.

II. at the distance of 6 km CT:

1. General women's and men's OPEN places 1st-6th: **sports trophies + material prizes**
2. Oldest and youngest male competitor: **sports trophies**
3. Oldest and youngest female competitor: **sports trophies**

In the event of absence at the award ceremony, the prize in kind will be forfeited and the cash prize reduced by 20%.

XIV. RESULTS

Unofficial results become valid as soon as they are displayed on the scoreboard. The participant has 15 minutes to make any kind of protest or comment. After this time, the results of the awarded athletes are considered **official**.

After completing the run, you will be able to check the results:

- on a light board in the finish area,
- in an SMS message sent to the telephone number provided during registration,

All complaints and discrepancies must be reported immediately to the judging panel in person, by phone or text message to. Tel: +48 602 722 968 or by email to sport@datasport.pl.

XV. TRANSPORT

Free buses will operate on the route Szklarska Poręba - Jakuszyce - Szklarska Poręba on 04-06.03.2022. A detailed timetable will be posted one week before the competition at www.bieg-piastow.pl. Individual competitors and supporters are asked to use the buses or trains that run between Szklarska Poręba Górna and Szklarska Poręba Jakuszyce.

ATTENTION!

The car parks in Jakuszyce are paid and have a limited number of spaces. The Organizer does not reserve parking spaces.

XVI. PERSONAL DATA PROTECTION

1. Participants' personal data will be processed in accordance with applicable legislation, in particular Regulation (EU) 2016/679 of the European Parliament and of the Council of 27 April 2016 on the protection of natural persons with regard to the processing of personal data and on the free movement of such data and repealing Directive 95/46/EC (General Data Protection Regulation).
2. The data processing referred to in Paragraph XVI. 1. also includes the publication of: first name, surname, year of birth, town name, sectoral classification and club name.
3. Providing personal data is necessary both to participate in the run and to maintain an account at datasport.pl. Failure to provide personal data prevents the conclusion of a contract and participation in the competition.
4. Detailed information on the privacy policy is available on the Organizer's website: www.bieg-piastow.pl.

XVII. OTHER INFORMATION

1. One week before the event, the Organizer will publish on the website www.bieg-piastow.pl information on:
 - **epidemiological safety rules for the competitors,**
 - a detailed layout and start of sectors, marking of routes (colour),
 - a layout of the nutrition points on the running routes,
 - a timetable for the free buses,
 - a timetable for the award ceremony.
2. Competitors starting at the 6 km CT distance are required to attach their bib number on the front so that it is clearly visible.
3. **ATTENTION!** Rules regarding **pole lengths** will apply in accordance with the Ski Sports Regulations (Chapter II, 343. Responsibility of Competitors; 343.8.1). The judges have the right to check the length of the poles at the start and finish.
4. The competitors have a duty to respect the environment. It is strictly forbidden to pollute the competition route, except in the designated areas where there will be nutrition points. Littering on the course will result in disqualification. Glass containers are not allowed near or on the competition course.
5. Competitors from abroad must have a valid International Insurance Card.
6. In case of bad weather conditions/lack of snow the Organizer has the right to change or shorten the distance.
7. In the event of cancellation of the race, the organizing committee shall provide participants who have paid their entry fee for the 46th Bieg Piastów and register until 30.09.2022 for the 47th Bieg Piastów with a discount on the entry fee for the same distance. The amount of the discount will depend on the financial situation of the run Organizer.
8. **Competitors who place 1st-6th in the Open category (men and women) of the Worldloppet distances may be subject to doping tests after completing the competition.**
9. The Organizer of the Run reserves the right to make changes to the Rules and Regulations of which it is obliged to inform all participants before the start of the event on the Organizer's website (www.bieg-piastow.pl).
10. Due to restrictions on **mass events**, current government-imposed restrictions will apply during the run and the operation of the number office.

The interpretation of these Regulations rests with the Organizer.

The following appendices form an integral part of these Regulations:

Appendix 1 - Consent of a parent or legal guardian to participation of a minor

Appendix 2 - Letter of attorney for a third party to collect the participation package